



1. Description of the activity

The title of our last workshop with students were 'Sustainable development – in harmony with humanity and nature'.

We had 8 students and 2 teachers from England and 3 students and 2 teachers from Germany (the plan was to have 6 students from Germany but 3 cancelled the trip due to illness). From Hungary 10 students and 2 teachers participated in the workshop.

The main idea was to show participants how the idea of sustainability can be achieved in local organisations. We focused on vital aspects of our everyday life such as housing, agriculture, traffic.

We combined presentations with field trips, so that the students acquire theoretical information and gather practical experience at the same time.

We had the following presentations:

- SH Terra – Sustainable homes from ancient materials using innovative new technologies (website: www.shterra.hu)
- Zsolt Sándor – Sustainable ways of public transport
- Balázs Bárány – Sustainable urban development
- Europolánta Foundation – Sustainability in our everyday lives – presentation and workshop

To gather real life experience we organized field trips:

- We visited the company 'Míves Bútor' (a company refurbishing old pieces of furniture to give them new life, www.mivesbutor.hu). In their warehouse we learned about their mission, their ways of work and their success and at the same time we saw how old things can be valued.
- We visited the organic farm 'Sokszín Kertműhely Egyesület' (www.sokszinkertmuhely.hu)/ where students could participate in everyday tasks on the farm while receiving information on sustainability and organic farming as well.

Students from England, Germany and Hungary held their own presentation about their thoughts on sustainability.

During the week we tried to give our students a wide range of inputs on various aspects of sustainability that are of relevance in their everyday lives. We included workshops and practical experiefield trips in order to let the students experience aspects of sustainability at first hand.

We included art activities (making posters) in order to give opportunity to students to elaborate on topics that raised their interest and also to internalize all the experience they had during the week.

Students from several classes from our own school participated in the workshops thus they brought the initiative and insight with them to their classes.

2. How did the participants benefit from the participation?

The participants received information from and about companies and organizations that were able to implement sustainable aspects into their business model. This way we were able to show them working examples thus linking the idea of sustainability with practical achievements.

We gave them a large amount of input of how sustainability works in different areas of everyday life, bringing the idea closer to them and making it easier for them to grasp and utilize. Through the activities they were shown that they are capable of making a difference.

We incorporated valuable knowledge with practical usage and experience. We involved art activities to let the students deepen their comprehension through artistic impulses. We were able to address their minds, their hearts and their hands as well – which is how Waldorf pedagogy works.

The participants prepared reusable sandwich napkins in one of the workshops that they could take home. They created posters about the impacts they had during the week.